Life Purpose Activation Key: Developing New Habits

Habit #1: Tuning in to the Divine Within

Tune in to the divine within and connect with your own Life Essence. Smile, this is easier than you may think, and a whole lot of fun.

The fact is, the God-self within is a natural birthright that comes with being human. “Closer than breathing, nearer than hands and feet,” say the scriptures about the presence of the divine in our lives.

If we could only know this absolutely for a minute, drop our boundaries, and release our brain cataracts, it would be like waking up from a dream.

Awakening to reality at this profound level generates an experience of joy that surpasses understanding, an immense surge of creativity, and an instant up rush of kindness that makes you an impassioned champion for the betterment of all, a bridge builder, and a magnet for solutions.

Best of all, other people feel enriched and nourished around you.

Everyone you touch becomes more, because you yourself are more.

To start developing this habit, simply ask yourself: How can I birth this miracle within myself? How can I foster my natural birthright of spiritual presence?

Reflecting on these questions will release your intuition and strengthen your connection with your life-essence in a powerful way.

Habit #2: Seeing the Patterns of Life

See the recurring fractal patterns of your life. I call this Envisioning. It’s where you see the emerging picture of what is becoming and how you can birth it.

To develop this habit, begin by simply paying attention to recurring patterns and emerging paradigms—the unfolding big picture of the world that is trying to be, and what you can do to help in its becoming.

By bringing your awareness of larger patterns to your daily activities and relationships, you will get in touch with your creative imagination, and enter into a world of unlimited potential that will eventually become your permanent home.

The best part about this is that you can use the recurrent patterns in your own life—including all of your high points and low points—as keys to your higher purpose, and as gateways to profound creativity and joy.

Habit #3: Unlocking the Codes Hidden in Each Moment

Uncover life’s codes and apply them to moving your purpose forward. All of life is governed by codes. The complexity we perceive all around us is really just simplicity in disguise.

Look for codes and you will see how simple much of life really is.

Here are a few ways you can apply this right now:
In any complex or confusing situation on the path to fulfilling your life’s purpose, ask yourself: Is there a mythic archetype at play here?

Perhaps the hero, lover, trickster, scarecrow, or great mother?
You will begin to see that so much of life is occurring at these fundamental levels. And that you have full access to these depths—that mythic knowledge is coursing through your veins simply by virtue of your being human.

You will see that the details of a situation aren’t often as important as the deeper story that is being played out. And this will free you to act in new and creative ways, and turn what might have been a difficult situation into an opportunity for sharing wisdom and compassion with those around you.

I hope you take these 3 habits and use them to grace your life and the lives of others.

Of course, you can develop these new habits on your own . . .

But if you’d like to work together with me to cultivate these new habits, I invite you to join me for my Awakening To Your Life’s Purpose 7-Week Online Course.